## **Inciting Democracy**

A Practical Proposal for Creating a Good Society

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SpringForward Press <a href="http://www.springforwardpress.com">http://www.springforwardpress.com</a>

The Vernal Education Project <a href="http://www.vernalproject.org">http://www.vernalproject.org</a>

### **Possibilities:** The Reality of our Situation

- In the last 500 years: great strides in understanding and **solving** poverty, delinquency, crime, disease, conflict, prejudice
- Some victories in the United States:
  - Ended dueling
  - Ended slavery
  - Supplied clean water, sanitary sewers nationwide
  - Developed universal education, library system
  - Enacted universal suffrage
  - Developed vaccines, antibiotics ended many diseases like polio
  - Shifted to treating psychosis as a mental illness rather than as moral depravity

### **Five Key Obstacles**

- 1. An Adverse Power Structure
- 2. Destructive Cultural Conditioning
- 3. Dysfunctional Emotional Conditioning
- 4. Widespread Ignorance
- 5. A Scarcity of Progressive Resources

### This Talk: 3 Points +

- 1. It is possible to create a good society
- 2. There are 5 key obstacles
- 3. We can overcome these obstacles with a long-range strategy based on widespread education and powerful mass movements
- ...And then a bit about the Vernal Education Project

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### Characteristics of a Good Society

Based on Golden Rule

- Humane and Compassionate
- Democratic and Responsible
- Tolerant and Wise
- Fun

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# **8 Crucial Characteristics** of Efforts for Fundamental Change

- Powerful and inspiring
- Focused on broad, fundamental, enduring change
- Reliant on ordinary people
- Democratic and responsive
- · Focused on ending systemic oppression
- Nonviolent
- Means in harmony with the ends
- Direct and personal

### A Strategy for <u>Democratic</u> and <u>Fundamental</u> Transformation of Society

- Widespread Education
- Powerful Social Change Movements
  - Challenge existing structures
  - Build alternative structures

### Vernal Education Project — Basic Idea —

- Provide deep, broad education to many dedicated activists
- These activists then educate, support, and inspire other activists
- Together, they challenge, educate, support, and inspire everyone in the U.S.

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### **Vernal Education Project**

After a 20-year start up period:

- 50 educational centers around the U.S.
- Each center would offer a one-year program to 120 students in four sessions
- Total: 6,000 students each year

### **Vernal Education Program**

To make the program effective and inexpensive:

- 1. Student-run study groups
- 2. Internships with existing social change organizations
- 3. Independent social change work
- 4. A small amount of social service work
- 5. Self-study of current affairs
- 6. A series of five ten-day, staffmember-facilitated workshops
- 7. Student-run emotional support groups

### Vernal Graduates — Numbers

- If 6,000 students graduated each year...
- And each graduate tried to work at least 20 hours/week...
- Then, after a few years, likely about 25,000 would be working simultaneously at least half-time for change
- If each Vernal graduate supported 6 other steadfast activists...
- Then, a total of 175,000 activists working at least a few hours/week
- More knowledgeable and better supported than now

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